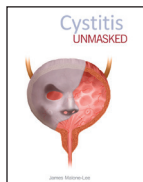

BOOK REVIEW

Cystitis Unmasked

James Malone-Lee



ISBN: 9781910079638, 350 pages
Publisher: TFM Publishing Ltd.
Rating: ★★★★★ (four stars out of five)

Description

This book describes the problems with diagnosing and treating cystitis, a common but sometimes difficult to manage condition. This book is organized in 10 chapters addressing issues with current gold standards for diagnosing and treating cystitis. As the author admits, this is “not a conventional textbook on urinary tract infection (UTI)”.

Purpose

The author aims to present an evidence-based critical view of the gold standard for UTI diagnosis – the midstream urine culture for known uropathogens. The author also provides guidance on treatment based on their experience, evidence, and experimentation. The author successfully meets his objective with this needed resource. The objectives are in line with many providers who frequently treat this condition.

Audience

This book is written for urologists, urogynecologists, researchers, and any providers who commonly treat complicated cases of acute/chronic bacterial cystitis, painful bladder syndrome, and chronic irritative lower urinary tract symptoms. I think this book is appropriate for attending level providers. The author is an expert in this field and has contributed to the fields of pharmacology, biomechanics, and physiology related to urinary incontinence and chronic urinary tract infection. He has authored many peer-reviewed articles in major journals, has held leadership roles as medical director and clinical lead for a lower urinary tract symptoms clinic, and continues to be actively involved in new clinical research.

Features

This book presents in detail the challenges associated with the current gold standard of diagnosing urinary tract infections; commonly used arguments and opinions regarding diagnosis; and supporting evidence, how cystitis effects the patient, antimicrobial resistance, and recommendations for treatment. It uses easy-to-understand language and presents complex theories in a way readers can understand by using familiar analogies and comparisons. The book also has many colorful illustrations that further drive home the author’s points. This book is not a textbook per se, so the readers must have prior knowledge of managing patients with a complex history of urinary tract infections – hence why I recommend this book for those seeking answers above and beyond common guidelines.

Assessment

The beauty of this book is that there are no similar texts that use this author’s approach. This book will be a welcome addition to the available literature on treating complicated cases of cystitis.

Score

Weighted Numerical Score: 96 - ****

Reviewer: Whitney R. Smith, MD

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